# **Bridge**

### Volume 138

SASMAD Service d'accompagnement spirituel des personnes malades ou âgées à domicile Pastoral Home Care

### **IMPORTANT DATES:**

Wednesday, June 11 Friends of Mercy Pray time at 3:00 p.m. ONLINE. Link will be sent out by André in the coming days. Check your inbox!

Thursday, June 12 Connect and Grow #3. A chance for volunteers to connect and learn from one another about their experience of visiting. 7:00-8:30 p.m. ONLINE Zoom link: https://us06web.zoom.us/j/863 19653985?pwd=ZklgHWTJKXOqu cVMb2SDdT1Ef43ZmW.1 All are welcome!

The Bridge newsletter will be back in September!

Have a wonderful and restful summer!



## **Summer Days**

"Lord, I thank you for the long warm days of summer. As the pace of life slows, I ask for a time of gentle rest and reflection. Help me to slow down my restless heart and fill me with compassion for all your people. May I find rest and refreshment in your presence, and may I be mindful of the blessings all around me this summer. Amen."

**H**ow do you plan to "recharge your batteries" this summer?



Thinking of some time away with God in silence? <u>Check out these retreat</u> possibilities.



Our 16<sup>th</sup> annual **Pastoral Home Care/SASMAD Retreat** will be held on **Friday**, **September 26<sup>th</sup>** from 9:00 a.m. to 3:00 p.m. at St. John Fisher Parish (120 Summerhill, Pointe-Claire, H9R 2L7).

This year's theme will focus on taking care of ourselves as volunteers, led by **Jean Albert** (spiritual director and retired nurse). More details to come over the summer.

### Thank You to All Who Attended!

Over 50 volunteers took part in the ongoing formation session on *Medical Aid in Dying* with **Dr. Catherine Ferrier** on May 10 at St. Monica Parish. It was a wonderful opportunity, to connect and to inform ourselves on this important subject. Special thanks to **Ron Sullivan** and **Vivian Hudson** who gave helpful witnessing. Stay tuned for a follow-up formation on *Palliative Care* this fall!

#### A Sweet Spring Gathering

We were blessed with good weather for this year's **Strawberry Tea**, which we were able to hold outdoors. This annual event is our way of thanking the parish coordinators who take on leadership roles for SASMAD within their parish communities. We also took the opportunity to thank **Francine Baudelet**, SASMAD coordinator for Laval, who will be retiring this summer.



Coordinators' Meetings: 2025-26 Schedule Thursdays, 10:00 a.m.- 12:00 p.m. ONLINE: Sept. 18, Nov. 20, Jan. 22, Mar. 12 *Strawberry Tea*: May 14 at 10:00 a.m. to be held IN PERSON.



Pastoral Home Care – SASMAD English sectorCathie Macaulay - Coordinatorcmacaulay@diocesemontreal.orgSASMAD Office: 514-272-4441

Catholic Church of Montreal

514-983-2685

www.facebook.com/PastoralHomeCareServices