



I, _____ ,
Name of the reference (who is not a family member of the person wishing to participate in the PILGRIMAGE to the HOLYLAND)

of _____ ,
Name of the parish/community/movement/company/organization/school

attest to have known _____ .
Name of the person wishing to participate in the PILGRIMAGE to the HOLYLAND

for at least one year. We have collaborated, worked, or done volunteer work together within our community/in our work environment. I confirm that this person understands the nature of this pilgrimage and that he/she responds well to the participant's profile as described below.

Participant's Profile – PILGRIMAGE to the HOLYLAND 2019

Young adults (20-35 years old) who will :

- Be in good physical health. (Take into account that he/she will sleep on the ground, walk long distances, experience time shifts, potentially experience extreme weather conditions, and endure hardships and must do so with restraint, simplicity and joy.)
- Be in good mental, emotional, psychological, and spiritual health, without any addictions to drugs, alcohol, or other...
- Be part of a group, and respect the directives given by another adult who will be responsible for the group
- Remain with the group at all times during the pilgrimage.
- Have the ability to adapt to urgent or spontaneous needs of the group, should they emerge.
- Accept to live the proposed experienced and itinerary.
- Participate in moments of prayer, daily mass, and group sharing.
- Become involved in preparing the pilgrimage, accompaniment, meetings, etc.

This PILGRIMAGE to the HOLYLAND aims to increase personal spiritual growth.

This itinerary explores our Christian identity and mission by visiting the places sanctified by the presence of Jesus of Nazareth. Biblical readings and meditations at each Holy Place will make Holy Scripture come alive and help us to explore and deepen our understanding of Jesus' life, death and resurrection. This is an opportunity for young adults to walk where God walked on earth, following in the footsteps of Jesus Christ in hopes of increasing our determination and courage to be more conformed to HIM and live more confidently as disciples in the world today.

"A pilgrimage is a journey a pilgrim makes to a sacred place for the purpose of venerating it or to ask for heavenly aid, and ultimately to come to know God better... We modern pilgrims also leave our homes, families and comforts in order to journey to sacred places to encounter God."

Mission Jeunesse -YM in collaboration with Spiritours has prepared this itinerary in which priority is given to prayer and personal reflection. This trip is not intended for those who want to make simple tourist visits, commercial tourism of any kind or activities incompatible with the pilgrimage.

_____/_____/_____
Signature of the reference **Date** (MM/DD/YYYY)

INFORMATION ON YOUR PARISH/COMMUNITY/MOVEMENT/COMPANY/ORGANIZATION/SCHOOL

ADDRESS :			
CITY :		POSTAL CODE :	
TEL. ()		TEL. (OTHER) ()	
E-MAIL		WEB SITE	

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